

# **S.M.A.R.T.** **English Goals** *Creation Sheet*



**S** *pecific*

**M** *easurable*

**A** *ttainable*

**R** *elevant*

**T** *ime-bound*



# **S.M.A.R.T. English Goals**

## *Braindump*

Use this space to note and draw any ideas you have.



# *Dream Goal (the big one)*

Choose your biggest English learning goal. Write it here:

*e.g. To be able to read books in English.*

## *Specifics*

To achieve this goal, who's gonna do what, where, when, and why?

*e.g. I am responsible for choosing the book. I will look for new words in a dictionary. The more common words I know the easier I will achieve this goal.*



## *Measurable*

How is this goal measurable? What metrics can you use?

*e.g. I can't count the number of pages, chapters.*

## *Attainable*

What evidence do you have that this goal is attainable?

*e.g. Last year I read three chapters of Harry Potter and The Philosopher's Stone.*



# *Relevant*

How is your goal relevant?

# *Time-bound*

What is your time-bound deadline for achieving this goal?



# *Let's Chunk it!*

## *Medium Term Goals*

How can you break down the big dream goal into more manageable pieces?

## *Short Term Goals*

What can be done over the next few days to really start making progress?



## *What will I do NOW?*

Take immediate action, pull out the language learning app, book a conversation with your teacher, call a foreign friend. Do it now!

Enjoy thinking about and setting your goals, and do let me know how you get on by email: [richard@richardhill.cz](mailto:richard@richardhill.cz)





